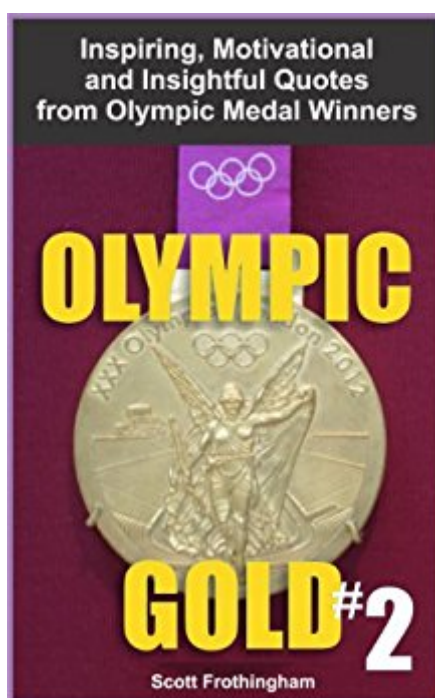


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Olympic Gold #2: Inspiring, Motivational And Insightful Quotes From Olympic Medal Winners



Synopsis

Go for the Gold! The Road to Rio! "Olympic Gold #2" is an incredible collection of inspiring, motivational and insightful quotes from Olympic medal winners including Michael Phelps, Mia Hamm, Mohammed Ali, Carl Lewis, Mary Lou Retton, Michael Jordan, Venus Williams, Shaun White, Mark Spitz, Jackie Joyner-Kersey, Scott Hamilton, Olga Korbut, Kristi Yamaguchi, Jesse Owen and more ... 140+ quotes -- NO REPEATS from the original "OLYMPIC GOLD" -- PLUS over 50 color pages, including photographs. You'll find inspiration for your personal life and motivation for your business life with quotes like: "I don't run away from a challenge because I am afraid. Instead, I run toward it because the only way to escape fear is to trample it beneath your feet." • -Nadia Comaneci, 2 time Olympic medalist - gymnastics "Life is often compared to a marathon, but I think it is more like being a sprinter; long stretches of hard work punctuated by brief moments in which we are given the opportunity to perform at our best." -Michael Johnson, 4 time Olympic medalist - track and field "I don't think the discus will ever attract any interest until they let us start throwing them at each other." -Al Oerter, 4 time Olympic medalist - track and field "Gold medals are made out of your sweat, blood, and tears." • -Gabby Douglas, 2 time Olympic medalist - gymnastics "Nothing is impossible. With so many people saying it couldn't be done, all it takes is an imagination." • -Michael Phelps, 22 time Olympic medalist - swimming "Failure I can live with. Not trying is what I can't handle!" -Sanya Richards-Ross, 5 time Olympic medalist - track and field Scroll up and Buy "Olympic Gold #2" now - this is a book you will refer back to again and again. About Scott Frothingham Scott Frothingham is an entrepreneur, consultant, speaker, business coach and author best known for his FastForward Income™ products including The 15-minute Sales Workout™. He helps entrepreneurs, managers and sales/marketing executives position themselves for success through skills training and personal development -- along with providing tools for effectively and efficiently training and motivating their teams. Other Books by Scott Frothingham include: "Olympic Spirit", "Success-ercise" and the 6 book "Words and Wisdom" series ("The Words & Wisdom of Abraham Lincoln", "The Words & Wisdom of Ben Franklin", "The Words & Wisdom of Teddy Roosevelt", etc.) and a series of books on e-mail marketing including "High Conversion E-Mail Copywriting" and "E-Mail Subject Line Brainstorm" You'll find Scott Frothingham books in various categories including entrepreneurship, motivational business management, motivational self-help, personal transformation self-help, direct marketing, advertising, and small business & entrepreneurship Scroll up and Buy "Olympic Gold #2" now -- "You'll want two copies: 1 for home and 1 for the office. Make that six copies, 'cause you're gonna want to give some as gifts."

Book Information

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Customer Reviews

This collection of Olympic quotes and images is like a piece of fine chocolate--you want to savor every bite. The diversity of the voices, cultures, and times represented here is encouraging, not only because it shows the differences in the attitudes of these winners, but because it also shows the similarities in their determination, conviction, and dedication. Reading the echoes of these varied voices suggests a much larger, as yet unwritten, volume of encouraging ideas. The author leads us to a conclusion not so much about the Olympic games and its participants, but about ourselves and our own conditions. We all face challenges, disappointments, and distractions; this book offers encouragement and inspiration. Most of us will never compete at a world-class level in anything we do, but the ideal remains universal. Life is a series of contests, and successes and failures are all part of the "game." A few of my favorites: "... It is the will to prepare to win that is important." -Bobby Knight "There are no secrets or shortcuts." -Al Oerter "Never put an age limit on your dreams." -Dara Torres "... Like a lot of things in life, when you put the gloves on, it's better to give than to receive."

-Sugar Ray Leonard "So much of our future lies in preserving our past." -Peter Westbrook
The selection and arrangement of these gems is masterful. I enjoyed this thoroughly. Highly recommended!

You don't have to be competing in the Olympics or have a family member you're supporting in that effort to appreciate the inspiration that comes jumping off the pages at you in Olympic Gold #2. I like having inspirational words sprinkled throughout my day, and this book delivers. One of my favs is: "If you don't have confidence, you'll always find a way not to win."

I got this book after having read Scott's book "Olympic Spirit" and it's just as good! To be perfectly honest, I'm not that into the Olympics, but I love these books because they're incredibly inspiring. There's no way that the quotes in "Olympic Gold #2" could possibly fail to pick you up and get you ready to tackle your day. One of my favorite quotes is from Australian swimmer Kieren Perkins: "Being your best is not so much about overcoming the barriers other people place in front of you as it is about overcoming the barriers we place in front of ourselves". This is so true, and is precisely why we need inspiring stories to keep us moving forward and overcoming our own barriers.

Knowing only a little bit about what it takes to compete at the Olympic level I was struck by the simplicity and strength of these athletes' quotes. While I was reading the quotes I could feel the courage that underlies them. It's also nice to have a quick reference by my side when I or someone else needs some inspiration. I was surprised how many sayings from so many influential figures were in this book. So many athletes have said such profound things; it's nice to take some quiet time to reflect on what they've said. They always help to set a positive tone for my day. Well recommended.

As I was reading through this excellent collection of quotes from Olympic athletes I was thinking how great it is to have all of these gathered together in one place. I can see all the different viewpoints of these wonderful people who strive to do their very best each and every day and draw inspiration from this. I find it great to flip through each day and randomly pick one quote to stay inspired and motivated. Love it!

"Failure I can live with, not trying is what I can't handle!" Really informative book about the Olympics competitions. We all have an athlete that inspires us with his/her raw talent; however, we don't

always get to hear them share what their journey to the top has taught them. This little gem of a book captures some of the most inspiring words of not-appreciated-enough Olympians. Read it.

This is an amazing book. Loved the history behind the modern olympics...but the quotes...just amazing! Every champions point of reference is different and you can see it in their quotes. But at the end its what gets them to become world class athletes. Whenever you are down and need a kick in the behind, grab this and read. Filled with everyday people that did extraordinary stuff

This is a nice collection of quotes from Olympic athletes. There's an interesting section on "Behind the Competition" as well as the quotes themselves. I was curious to read what goes on in the minds of some of these athletes - some quotes are personal reflections, some are inspiring, and there's even a little humor. The quote by Al Oerter on discus throwing is classic!

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